

CS SUMMER SAMPLER

WEEK 5
JULY 1

LIKE a COOL
GLASS
OF MINTY
ICED TEA



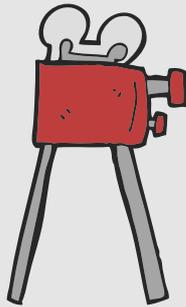
We're 1/2 way through our Summer of Sampler-goodness. Hope you're enjoying our take on how to make the most of the season! We've loved sharing book titles, recipes, movies, and more! Let us know what you're up to #CSsummersampler



7 SUMMER BLOCKBUSTERS

It's the season of blockbusters and here are some of the most anticipated hits coming our way and their release dates:

- Despicable Me 3 (6/30)
- Spider-Man: Homecoming (7/7)
- Dunkirk (7/21)
- War for the Planet of the Apes (7/24)
- The Dark Tower (8/4)
- Detroit (8/4)
- Annabelle: Creation (8/11)



Cooper-Siegel
COMMUNITY LIBRARY



GET BAKING

by Whitney

Happy 4th of July! It might be just the right time to try what the L.A. Times called *The Best Strawberry Pie Ever!* The season truly is ripe for strawberries and for pie-making! This recipe takes just 1 hour, plus some time for chillin' (for you and the pie!) and serves 8. [Click here for the recipe.](#)



UPCOMING EVENTS AT THE LIBRARY

- July 3 | Yoga in the garden 9-10 AM
- July 6 | Meditation with a Monk 6:30-7:30
- July 7 | Wise Walk 9:30-10:30
- July 10 | Homebrewers 101 6- 8 PM

Sign up to get the Sampler in your inbox during all 9 weeks of Summer Reading
[@coopersiegelcommunitylibrary.org](http://coopersiegelcommunitylibrary.org)



INSTAGRAM STARS

by Kelley



I'm a power user on Instagram and some of the accounts I follow are pretty inspiring. Here are a few of my favorites:

- *The library* of course! [click on each account to see the fun](#)
- *IheartPGH* All things fun, tasty and local
- *Jean_Jullien* A street artist and illustrator specializing in happiness
- *PittsburghsMostDope* Capturing the hippest happenings of the city
- *GreatDiscontent* Interviews with artists, makers and risk-takers



FREE SUMMER FUN

by Kelley

So much of the great stuff of summer is simple and free! And I quickly forget that. Here are some of the free and simple items on my personal Summer Bucket List:

- make something from scratch (pie, pizza, cheesecake!)
- take a self-guided Pittsburgh walking tour (google it!)
- participate in a photography challenge (google this too and find one you like; there are tons!)
- read outside (so simple! I forget how indulgent and vacationy this feels!)
- rearrange your furniture (I do this all the time, it cant give a room a whole new feel without adding a single new item!)
- people watch (I love going downtown to the beautiful Market Square; I park on 4th ave and spend an afternoon just watching the world.)

THINGS THAT MAKE YOU GO HMMM...

We may think we are nurturing our garden, but of course it's our garden that is really nurturing us. -Jenny Uglow



LAST YEAR'S SUMMER READS

by Stacie

Oftentimes the best books of the summer are all checked out (isn't that a bummer?) but what about going back to some of last year's best thriller beach reads - maybe you missed a few and chances are, those are all on the shelf just waiting to get checked-out! Here are a few of 2016's Hottest Summer Reads:

[Book covers link to library catalog](#)



HEALTH TIP

by Lauren

Acupressure Point for Stress Relief: Press the V-shaped area between your thumb and forefinger for 30 seconds, then do the same on the opposite hand. Take a few deep breaths while you are at it! From *Health Hacks* by Esme Floyd. [Click to go to the library catalog](#)

APP TO TRY

by Lauren

Remember the Milk - Try this free to-do list app that can be synced on all your devices. It's colorful, it can send reminders, it's shareable, it's searchable and the cow mascot is too cute for words!

